



PE and School Sport Action Plan

St Catherines School 2018–2019

Background - The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

Key Indicators - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

Funding - Individual schools will receive circa £16K –17K per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

The total funding for the academic year	2018/19	Funding allocated - £18,210 (+£2920 carry forward) £21,130
Lead Member of Staff – Louise Hussey	2018/2019	Governor responsible – James Wonnacott
Total fund allocated - £	Updated June 2019	

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> • All staff upskilled in the teaching of football and dance. • Top up swimming introduced to improve the number of children swimming. • Introduced 'maths of the day' to improve activity within curriculum time active classrooms. • Chance to shine cricket introduced to Ks1 and KS2 to provide an alternative sport and links to the local clubs. • Continued to access CPD and training through Arena to upskill staff. • Wild tribe outdoor learning delivered to upskill staff in teaching in the outdoors. 	<ul style="list-style-type: none"> • To ensure there is continuity and progression in the delivery of curriculum PE and there is an engaging, broad and balanced curriculum in place. • To improve the playground area to ensure it is engaging and children have equipment to use which increases their physical activity. • To upskill key members of staff within the school to increase knowledge and understanding in the delivery of PE school sport and physical activity. • To upskill pupil leaders within the school to promote health and well-being. • To deliver outdoor learning CPD for staff to develop their skills in teaching in the outdoors. • Subject Leader in PE – course to be attended by subject leader to gain accreditation in PE leadership.

Key Indicator 1 : The engagement of all pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>To develop and update the playground to encourage children to take part in active playtimes.</p>	<p>£860</p>	<p>Improve equipment and areas of the playground. Children following a timetable of area use which is encourage a rise in the number of children active.</p>	<p>Update timetables and invest in a track for the field to encourage a wider choice of activities. Next Steps: Looking into the purchase a heart line system for the playground.</p>
<p>To purchase equipment to increase activity at playtimes and lunchtimes. To support playground leaders and ensure children are active.</p>	<p>£500</p>	<p>Equipment purchased and used to support delivery of physical activity.</p>	<p>Next Step: Introduce the playground leaders KS2 to use the markings and new equipment appropriately. Maintain</p>

<p>Purchase of equipment for outside PE to support the delivery of the PE curriculum to ensure children have access to a high quality experience in PE.</p>	<p>£500 –</p>	<p>Increased involvement in PE lessons due to a wider variety of lessons. Wider variety of sports taught through PE lessons. 13 different sports taught across the school.</p>	<p>a log of equipment and put a replacement budget in place.</p> <p>Sustainability: Teachers trained and confident in using the new equipment. Ensure the 3 year plan remains in place to continually update, maintain PE Scheme of learning and equipment.</p>
<p>Introduce 'Go noodle' as a daily physical activity to form part of the menu for 30 active minutes for children.</p>	<p>Free resource.</p>	<p>Active Timetable successfully introduced to EYFS. Increase in children's daily physical activity and improved confidence in readiness to learn.</p>	<p>Next Step: To introduce a "go Noodle" timetable across the school starting with KS1.</p>
<p>Develop a 30 minute timetable to include all activities which are delivered by playground leaders.</p>	<p>Free</p>	<p>Due to curriculum pressures, this is an ongoing target.</p>	
<p>To investigate accessing additional funding for a multi-purpose trail to be put around the school field to provide an alternative multi- purpose area to</p>	<p>£3906.00 deposit</p>	<p>Baseline data being established to monitor the amount of children active</p>	<p>Next Steps: To purchase equipment to use on the multi-purpose trail.</p>

<p>increase activity for children when fixing the drainage problem.</p> <p>To introduce the Absolute Education programme to monitor the participation rates of children across the school.</p> <p>Health and well-being day – Arena to encourage the children to be sugar smart and physical activity through the delivery of a variety of workshops.</p> <p>Health and wellbeing MOT – one day visit and supporting plan produced to increased 30:30</p>	<p>Part of the arena membership</p> <p>£260</p> <p>£260</p>	<p>during break and lunch times.</p> <p>Increase in the amount of attendees in playground and lunchtime activities.</p> <p>Greater awareness amongst pupils/parents about the benefits of physical activity and healthy active life styles.</p> <p>KS2 took part in the day and have a greater understanding of how to stay healthy. Pupils have shared findings with KS1 pupils to share knowledge.</p>	<p>Sustainability: Ensure there is a rotation of activities to continue to engage the children.</p> <p>Next Steps: introduce specific lunch time club/activity to target inactive children.</p> <p>Next step: Gain healthy schools accreditation or sugar smart accreditation.</p> <p>Next step:</p>
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<p>activity and promote health and wellbeing across the school.</p> <p>FunFit</p>	<p>£264</p>	<p>Pupil conferencing with the student council, conversations with head teacher, teachers and subject leader. Report produced with an action plan how to increase health and wellbeing.</p> <p>Gross motor intervention for 6 children.</p>	<p>Use the report to implement the targets identified.</p> <p>Sustainability Continue to offer funfit to target early gross motor interventions. Leading to more children being active.</p>
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Key Indicator 2 : The profile of PE and sport being raised across the school as a tool for whole school improvement

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>To develop a sports rep on the school council for the school to raise the profile of PE and school sport.</p>	<p>New reps to be chosen for the next academic year.</p>	<p>Pupil conferencing across the school has been an area of interest. Children have a say in how their school is run. Questionnaires given out to gather interest levels for clubs.</p>	<p>Next Steps: Continue to up skill staff in the delivery of active classrooms and learning in the outdoors.</p> <p>Continue to develop and extend opportunities for the sports council whole school.</p> <p>Next Steps:</p>

<p>Development of notice boards in school to raise the profile of PE and School Sport for all visitors and pupils – achievement notice boards.</p> <p>Celebration assemblies at both schools to recognise and reward achievement in PE and school sport. Children will also be recognised through their class 'Dojo'. This is an online portfolio.</p> <p>To increase the use of 'Dojo' to raise the profile of PE and school sport with parents and the community.</p> <p>To investigate the purchase of sports kit for teams to raise the profile of PE and school sport within the school and across the MAT.</p>	<p>£0</p> <p>£0 (donated free of charge to the school)</p>	<p>Those children not participating in after school clubs are already involved in sports clubs after school hours.</p> <p>Children have shared medals, trophies and success with peers. Children have commented on feeling proud to show their sporting achievements. EYFS keep a record on their learning journeys of any swimming badges or medals awarded. Profile of swimming raised with parents.</p> <p>Celebration assemblies delivered once a half term with a focus on achievement in PE and school sport which has raised profile with parents and pupils.</p> <p>New kit has been worn by those representing the</p>	<p>Record the outside of school sports on absolute coaching.</p> <p>Next Steps: Continue to find interesting and innovative ways of celebrating sports achievement.</p> <p>Next Step: Investigate getting the kit branded with the school logo.</p>
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<p>Maths trail added to the school grounds to encourage activity core learning.</p>	<p>£292.00</p>	<p>school. Children showed great pride in their school kit.</p> <p>63 pupils involved in developing a maths trail for the school. Improved knowledge of fractions through the use of fraction stepping stones. Improved engagement in problem solving activities as a result of the maths day.</p>	<p>Next Step: Include the ideas from the maths trail day into the new physical activity trail.</p> <p>Sustainability: TAs now trained in delivering outdoor maths with a focus on problem solving.</p>
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Key Indicator 3 : Increased confidence, knowledge and skills of all staff in teaching PE and sport

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>CPD training for staff to include gym (x2), dance, Athletics, netball, cricket.</p> <p>Employment of a specialist coaches and a sports apprentice to upskill staff and deliver PE and school sport.</p>	<p>Arena membership £550</p> <p>£2754</p>	<p>Inclusive PE curriculum which up skills teachers and pupils. 6 staff trained in gym and dance, netball, cricket.</p> <p>Fluency, consistency and broad curriculum coverage achieved through the delivery of a comprehensive high quality PE curriculum.</p>	<p>Sustainability: Staff now confident in teaching a variety of curriculum areas.</p> <p>Next Step: Continue to provide existing staff with the opportunity to be upskilled in PE and school sport.</p>

<p>To deliver 2x wild tribe inset trainings to upskill staff in outdoor learning.</p>	<p>£260</p>	<p>7 staff members now have increased confidence in the delivery of the curriculum outside.</p>	<p>Sustainability: Staff to include up to 2 hours a week of outdoor based learning into their timetables.</p>
<p>3 days of outdoor learning training for the school subject leader (outdoor learning)</p>	<p>£650</p>	<p>One day maths, one day English, one day science.</p>	<p>Sustainability:</p>
<p>To attend the wild tribe conference on 12th march and attend a range of workshops to upskill staff in learning in the outdoors.</p>	<p>£100</p>	<p>Improved knowledge and understanding of core curriculum being delivered in the outdoor environment. Wild tribe course provided a bank of ideas to develop the outdoor curriculum and area.</p>	<p>Subject leader now trained to be able to cascade new knowledge to other members of staff.</p>
<p>Subject Leader in PE to introduce Arena SOW and monitor PE curriculum map linked to festivals and competitions – 4 days</p>	<p>£382 (course) 8 x supply days - £1000</p>	<p>Children understand where they are in their learning and what their next steps are. Pupil attainment and achievement improved in PE as a result of a whole school approach to the</p>	<p>Sustainability: Opportunities created for PE knowledge to be shared whole school. Next Step:</p>

		consistent use of schemes of work across the school. Subject leader now confident to implement the school PE action plan, monitoring its ongoing impact.	Reassess the assessment procedure to ensure assessment is thorough and consistent across the school – in line with the new Ofsted framework.
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Key Indicator 4 : Broader experience of a range of sports and activities offered to all pupils

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
Plymouth Argyle to deliver a range of different clubs a total of 12 in the year.	£2010.	<p>Across the year 12 different sports clubs have been offered from Badminton to Rugby ranging from the reception class to year 6.</p> <p>Number of clubs : 12 36% children taking part regularly.</p>	<p>Continue to broaden the range of alternative sports delivered. Improve the number of children regularly attending afterschool club.</p> <p>Next Steps: Use the absolute education data to highlight and target the inactive children. Consult children about the clubs they would like to attend.</p>

Wild tribe resources introduced to support the delivery of outdoor learning.	£528	Resources accessed as a result of health and wellbeing report.	Next steps: Develop the outdoor learning area with the use of the new resources.
To introduce breathe outdoors as an alternative activity working with staff and pupils to develop their health and well -being.	£534	31 children accessed this workshop. Saw increased motivation and concentration with a class with high SEN need.	Sustainability: Members of staff present through the activity showed increased confidence and knowledge in taking a high SEN need class outside for learning activities.
Introduce professional rugby training to the upper KS2 children. Providing CPD for staff and a tournament for the children. Rugby competition with the Cornish pirates.	£360 £120	Increase the number of children interested in rugby, making links with the local club.	Next Step: Have all of KS2 accessing the rugby activities.
Topic related dance with a professional dance instructor.	£180	One teacher upskilled in the delivery of early dance (KS1)	Sustainability: Teacher cascaded the dance knowledge to the rest of KS1 to improve internal dance teaching.
Yoga lessons for EYFS	£360	EYFS children experienced basic yoga improving gross	Next Step: Introduce yoga across the school into the daily active timetables.

		<p>motor skills. 6 staff members given CPD in delivering yoga.</p>	<p>Sustainability: Staff trained and confident in delivering basic yoga and improving core skills such as balance.</p>
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Key Indicator 5 : Increased participation in competitive sport

Intended Actions with impact on children	Funding allocated	Evidence and impact	Sustainability and next steps
<p>To compete in the Launceston cluster competitions</p> <p>Investigate entry into open level 2 competitions.</p> <p>Introduce Arena monthly challenge.</p> <p>Intra competitions</p>	<p>£700</p> <p>Free entry as part of Arena membership.</p>	<p>3 competitions entered across the school.</p> <p>Arena rugby competition, KS1 football competition attended.</p>	<p>Next Steps: Enter more competitions in each key stage.</p> <p>Next Steps: Enter more competitions in each key stage. To consult with the MAT schools to look at the timing of competitions to improve the attendance.</p>

Swimming programme to support an increase in the number of Year 5/6 who can swim 25m.	£960	Increase in the number of children who can swim 25 metres.	Introduce the 'learn to swim' programme earlier in the school to ensure more children can swim 25 metres by Year 6.
Meeting national curriculum requirements for swimming and water safety			Please complete all of the below:
What percentage of your Year 6 pupils could swim competently, confidently and proficiently over a distance of at least 25 metres when they left your primary school at the end of last academic year?			83%
What percentage of your Year 6 pupils could use a range of strokes effectively [for example, front crawl, backstroke and breaststroke] when they left your primary school at the end of last academic year?			83%
What percentage of your Year 6 pupils could perform safe self-rescue in different water-based situations when they left your primary school at the end of last academic year?			40%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?			Yes/No Top up swimming lessons for those who hadn't met the standards in year 5.
Total funding - £18,210		Total funding allocated to date – £ 18,290	Total funding to be allocated - £2,840